



# **FIND YOUR TRUE NATURE**

**SAFARI YOGA RETREAT**

**16TH TO 26TH AUGUST 2025**



**KRUGER NATIONAL PARK,  
SOUTH AFRICA**

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# THE RETREAT

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SOUL SANCTUARY SAFARIS HAS BEEN RUNNING SAFARI RETREATS SINCE 2014 AND AFTER YEARS OF FINE TUNING OUR SAFARI YOGA RETREAT WE HAVE CREATED A ONCE IN A LIFETIME EXPERIENCE.

YOUR RETREAT OFFERS A YOU BEAUTIFUL BALANCE OF 3 GAME DRIVES, 2 MORNING WALKS, 2 SUNSET SAFARIS, URBAN SAFARI (CHIMP EDEN), YOGA, MEDITATION, PRANAYAMA & SOME MUCH NEEDED DOWN TIME.



# CONNECTION

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**SELF | GROUP | EARTH | CREATURES**

**THE RETREAT IS ALL ABOUT CONNECTION;**

**TOTAL CONNECTION TO SELF, TO THE GROUP, TO  
MOTHER EARTH & HER BEAUTIFUL CREATURES.**

**TAKE TIME TO TAP INTO THE HEALING POWER OF  
MOTHER NATURE AS WE HEAD TOWARD THE  
CRADLE OF HUMANITY, AFRICA.**

**EXPERIENCE AN AMAZING BLEND OF SOUL  
CLEANSING ACTIVITIES.**



# OUR ITINERARY

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\*ITINERARY SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS

## DAY 1

04:45 Wake up  
05:15 Coffee and Rusks  
05:30 Depart lodge  
06:00 Arrive at Kruger  
National Park full day game drive.  
Two breaks for mid morning coffee and lunch (times may vary due to animal sightings)  
17:00 Depart park  
17:30 Arrive lodge  
19:00 Dinner  
22:00 Lights out

## DAY 2

06:00 Wake up  
06:30 Meditation on the deck  
07:00 Asana on the deck  
09:30 Breakfast  
11:30 Free Time  
13:30 Light lunch  
15:45 Depart lodge  
16:30 Sunset safari at Kruger National Park  
20:00 Depart park  
20:30 Arrive lodge  
20:30 Dinner  
22:00 Lights out

## DAY 3

04:15 Wake up  
04:30 Coffee and Rusks  
04:45 Depart lodge  
05:15 Arrive at Kruger National Park.  
05:30 Guided morning walk  
09:30 Depart park  
09:30 Arrive lodge  
10:00 Breakfast  
12:00 Asana on the deck  
14:30 Light lunch  
16:00 Yin and Meditation  
19:00 Dinner  
22:00 Lights

# OUR ITINERARY

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\*ITINERARY SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS

## DAY 4

05:00 Wake up  
05:15 Coffee and Rusks  
05:30 Depart lodge  
06:00 Arrive at Kruger National Park full day game drive.  
Two breaks for mid morning coffee and lunch (times may vary due to animal sightings)  
17:00 Depart park  
17:30 Arrive lodge  
19:00 Dinner  
22:00 Lights out

## DAY 5

06:00 Wake up  
06:30 Meditation on the deck  
07:00 Asana on the deck  
09:00 Breakfast  
11:00 Meditation and Pranayama  
13:30 Light lunch  
14:30 Free time  
16:30 Riverside sundowners  
19:00 Dinner  
22:00 Lights out

## DAY 6

06:30 Wake up  
08:30 Depart lodge for full day excursion to Chimp Eden.  
Breakfast and lunch provided.  
17:30 Arrive lodge  
19:00 Dinner  
22:00 Lights out



# OUR ITINERARY

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\*ITINERARY SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS

## DAY 7

06:00 Wake up  
06:30 Meditation on the deck  
07:00 Asana on the deck  
09:30 Breakfast  
11:30 Free Time  
13:30 Light lunch  
15:45 Depart lodge  
16:30 Sunset safari at Kruger National Park  
20:00 Depart park  
20:30 Arrive lodge  
20:30 Dinner  
22:00 Lights out

## DAY 8

05:00 Wake up  
05:15 Coffee and Rusks  
05:30 Depart lodge  
06:00 Arrive at Kruger National Park full day game drive.  
Two breaks for mid morning coffee and lunch (times may vary due to animal sightings)  
17:00 Depart park  
17:30 Arrive lodge  
19:00 Dinner  
22:00 Lights out

## DAY 9

04:15 Wake up  
04:30 Coffee and Rusks  
04:45 Depart lodge  
05:15 Arrive at Kruger National Park.  
05:30 Guided morning walk  
09:30 Depart park  
09:30 Arrive lodge  
10:00 Breakfast  
12:00 Asana on the deck  
14:30 Light lunch  
16:00 Yin and Meditation  
19:00 Dinner  
22:00 Lights out



# GAME DRIVES

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EXPERIENCE THE CALL OF THE AFRICAN BUSH, ON YOUR FULL-DAY SAFARI, WITH A QUALIFIED PROFESSIONAL GUIDE IN AN OPEN-RAISED VEHICLE.

DEPART FROM NEEDLES LODGE AT AROUND 05:30 ENJOY THE AFRICAN SUNRISE AND SEE THE FIRST GAME ON THE PLAINS. PERHAPS YOU WILL BE ONE OF THE LUCKY FEW TO EXPERIENCE PREDATORS ON THE HUNT! AT APPROXIMATELY 09:30, STOP AND HAVE BREAKFAST IN KRUGER PARK.

SPEND THE DAY DISCOVERING THE 'BIG FIVE' AND LEARNING ABOUT THE WONDERS OF NATURE, IN ITS TRUEST FORM. THE GAME DRIVES CONCENTRATE ON THE SOUTHERN REGION OF THE KRUGER NATIONAL PARK, INTERNATIONALLY RECOGNISED AS THE BEST GAME VIEWING AREA FOR THE BIG 5.

LUNCH ON DECK AT LOWER SABIE OR SKUKUZA, THE MAIN REST CAMPS, WHERE YOU WILL ALSO FIND CURIO SHOPS. THEN RETURN TO THE COMFORT OF THE LODGE AT APPROXIMATELY 17:30 FOR A WELL-DESERVED SUNDOWNER ON THE DECK.



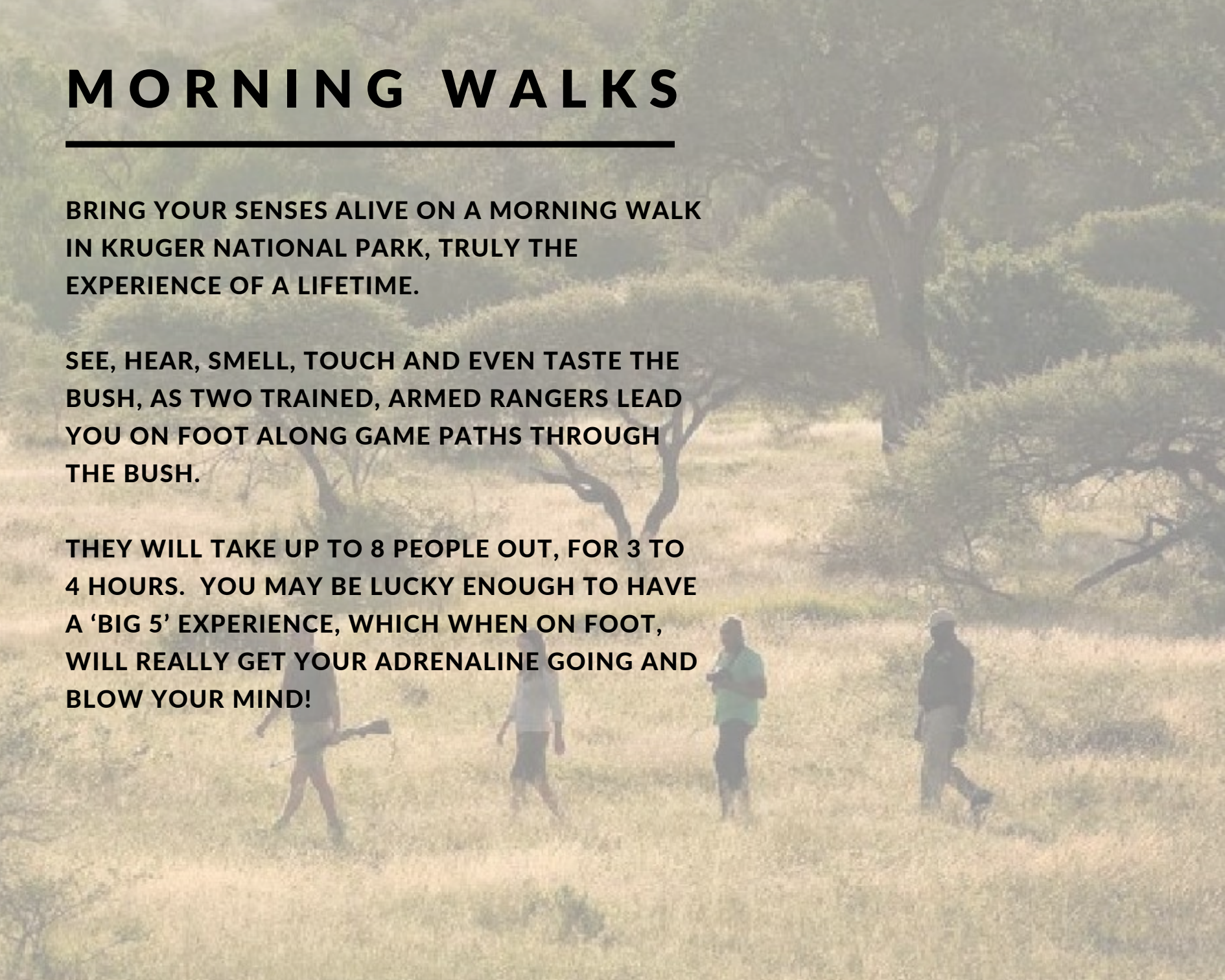
# MORNING WALKS

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**BRING YOUR SENSES ALIVE ON A MORNING WALK IN KRUGER NATIONAL PARK, TRULY THE EXPERIENCE OF A LIFETIME.**

**SEE, HEAR, SMELL, TOUCH AND EVEN TASTE THE BUSH, AS TWO TRAINED, ARMED RANGERS LEAD YOU ON FOOT ALONG GAME PATHS THROUGH THE BUSH.**

**THEY WILL TAKE UP TO 8 PEOPLE OUT, FOR 3 TO 4 HOURS. YOU MAY BE LUCKY ENOUGH TO HAVE A 'BIG 5' EXPERIENCE, WHICH WHEN ON FOOT, WILL REALLY GET YOUR ADRENALINE GOING AND BLOW YOUR MIND!**





# SUNSET SAFARIS

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EXPERIENCE THE FABULOUS AFRICAN SUNSET AND ENJOY THE OPPORTUNITY OF FINDING THE BIG 5. DEPART THE LODGE AT 15:30, AND DRIVE WITH A PROFESSIONAL GUIDE IN THE KRUGER NATIONAL PARK.

THE NOCTURNAL ANIMALS OF AFRICA, SUCH AS GENETS, BUSH BABIES AND CIVETS COME OUT AFTER DARK AND WITH THE GUIDANCE OF SPOT LIGHTS, YOU HAVE THE CHANCE OF SPOTTING THEM.

RETURN TO THE LODGE AT APPROXIMATELY 20:30, WHERE A DELICIOUS, 3-COURSE DINNER WILL AWAIT YOU.



# **CHIMP EDEN**

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**SITUATED WITHIN THE BEAUTIFUL 1,000 HECTARE UMHLOTI NATURE RESERVE, 15 KILOMETRES OUTSIDE NELSPRUIT, THE JANE GOODALL INSTITUTE (JGI) SOUTH AFRICA CHIMPANZEE SANCTUARY IS HOME TO CHIMPS THAT HAVE BEEN MISPLACED FROM THEIR NATURAL HABITATS IN AFRICA.**

**CHIMP EDEN WAS ESTABLISHED IN 2006 AND IS THE FIRST AND ONLY CHIMPANZEE SANCTUARY IN SOUTH AFRICA. THIS JGI CHIMPANZEE SANCTUARY BRINGS THE WORLD OF CHIMPANZEES CLOSER TO HUMANITY THROUGH EDUCATION AND ECO-TOURISM.**





# NEEDLES LODGE

IN THE BEAUTIFUL SURROUNDS OF MARLOTH PARK YOU'LL FIND NEEDLES LODGE. THE DÉCOR HAS BEEN TASTEFULLY CHOSEN TO ENSURE THAT YOU FEEL COMPLETELY RELAXED. WITH ALL THE COMFORTS OF HOME HARMONISING WITH THE AFRICAN BUSH

FROM THE COMFORT OF YOUR ROOM, YOU CAN SEE OUT IN TO THE BUSHLAND, YOU CAN WATCH THE ANIMALS THAT REGULARLY VISIT THE LODGE AND WANDER BY YOUR SUITE.

IF YOU FEEL A LITTLE MORE ADVENTUROUS YOU CAN WALK THROUGH THE ROOMS LARGE SLIDING DOORWAY WHICH LEADS YOU STRAIGHT BACK TO THE MAIN DECK AREA AND THE POOL.







# MARLOTH PARK

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ON THE BANK OF THE CROCODILE RIVER BETWEEN MALELANE AND KOMATIPOORT ON THE N4 NATIONAL HIGHWAY, MARLOTH PARK IS A WILDLIFE SANCTUARY AND A HOLIDAY TOWN.

IT BOASTS GAME SUCH AS ZEBRA, KUDU, BLUE WILDEBEEST, GIRAFFE, NYALA, IMPALA, WARTHOG AND OSTRICH. THE ANIMALS AREN'T RESTRICTED BY FENCES AND ROAM FREELY BETWEEN THE UNITS THAT ARE BUILT ON THE 3000 HA CONSERVANCY.

MARLOTH IS ON THE SOUTHERN BOUNDARY OF THE KRUGER NATIONAL PARK. IT'S MAIN ENTRY GATES TO THE KRUGER ARE CROCODILE BRIDGE GATE 14KM AND MALELANE GATE 35KM FROM MARLOTH PARK.



# KRUGER NATIONAL PARK

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THE WORLD-RENOWNED KRUGER NATIONAL PARK OFFERS A WILDLIFE EXPERIENCE THAT RANKS WITH THE BEST IN AFRICA.

ESTABLISHED IN 1898 TO PROTECT THE WILDLIFE OF THE SOUTH AFRICAN LOWVELD, KRUGER NATIONAL PARK IS UNRIVALLED IN THE DIVERSITY OF ITS LIFE FORMS AND IS A WORLD LEADER IN ADVANCED ENVIRONMENTAL MANAGEMENT TECHNIQUES AND POLICIES.





# WHAT YOU GET

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## THE COST OF THE RETREAT INCLUDES:

- ALL ACCOMMODATION AT NEEDLES LODGE
- BREAKFAST, THREE COURSE EVENING MEAL, LIGHT LUNCH ON YOGA DAYS, AND LUNCH ON ALL GAME DRIVES.
- ALL YOGA AND YOGA-RELATED ACTIVITIES.
- ALL GAME DRIVES, SUNSET SAFARI, MORNING WALK
- ALL ENTRY FEES TO THE KRUGER NATIONAL PARK.
- DAY TRIPS TO SWAZILAND, INCLUDING BREAKFAST AND LUNCH.
- THE PANORAMA TOUR, INCLUDING BREAKFAST AND LUNCH.
- COACH TRANSFERS TO AND FROM NEEDLES LODGE FROM OR TAMBO AIRPORT JOHANNESBURG.

## WHAT'S NOT INCLUDED IN THE COST:

- RETURN INTERNATIONAL FLIGHT TO SOUTH AFRICA (IF INTERNAL FLIGHTS REQUIRED THEY ARE GUESTS ON EXPENSE)
- OWN SNACKS
- BAR BILL
- LAUNDRY



# RETREAT COST

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THE COST FOR THIS AMAZING TEN DAY ADVENTURE IS JUST **AU\$4599 EARLY BIRD SPECIAL (UNTIL 1ST SEPT 2024).**

**\$4899 REGULAR COST.**

**ALL ROOMS ARE EN-SUITE.**

**PRICES ARE BASED ON TWIN OR DOUBLE ROOM SHARE.**

**THERE IS AN ADDITIONAL SINGLE ROOM OCCUPANCY COST OF AU\$450**

**MINIMUM OF 9 GUESTS MAXIMUM OF 12 GUESTS.**





## Terms and conditions

The tour package starts and ends in South Africa as described in the specific tour itinerary.

**Inclusion:** Everything described in the invoices.

**Exclusion:** International and domestic airfare, some meals not described in itinerary, drinks, optional activities, all personal expenses, taxes, excess baggage, Visa fee (where applicable), Passport cost, and travel insurance. Single traveller accommodation surcharge.

**Travel insurance:** All travellers should be covered by travel insurance prior to departure. Insurance details must be supplied to us at least 4 weeks before departure.

**Payments:** Payment is due within 14 days of invoice issue date unless there is a special arrangement. All prices are in Australian Dollars and valid at time of publication, but are subject to change as explained below. We strive to make our best efforts to ensure our prices do not change, but we might be required to impose surcharges depending on currency fluctuations, changes in government legislation, unexpected airline price change, fuel surcharges or other events beyond our control. We will contact you with updated prices before the full payment is made.

**Payments schedule:** Non refundable deposit of AUD\$599 within 7 days of booking. AUD\$1000\* by November 1, 2024. AUD \$1000 by February 1 2025, AUD \$1000 by April 1, 2025 and the remaining AUD \$1000 by June 1 2025. \*If you are having single room occupancy your first payment will be AUD\$1450

**Cancellations or amendments by traveller:** All cancellations must be received in writing. No refunds will be made regardless of the reason. Cancellations are subject to the following cancellation fee applied per person, per confirmed booking: (a) For cancellations made more than 90 days before the scheduled tour departure date, the deposit will be forfeited to us. (b) For cancellations made between 46 to 89 days before the scheduled tour departure date, a cancellation fee of 50% of the tour costs will be payable. (c) For cancellations made within 45 days of the scheduled tour departure date, 100% of the tour costs will be payable. Cancellation of any third party suppliers' arrangement will be subject to fees charged in accordance with the supplier. Refund will not be given for unused or cancelled services after your arrangement have commenced. Amendment fees are not charged to the traveller unless we are charged by the third party. Additional amendment charges may be charged by suppliers such as airlines and hotels. Your individual travel insurer may be consulted for assistance.

**Cancellations or amendment by us:** We reserve the right to cancel, reschedule or amend any itinerary items in accordance with operating requirements or circumstances beyond our control.

**Limited liability, Claims and Exclusions:** Soul Sanctuary Safaris as the provider to you of services, as a travel agent and/or a tour operator guarantees to you the those services will be provided to you with due care and skill, be reasonably fit or for their specified purpose, can be reasonably expected to achieve the desired result and will be provided to you within a reasonable time having regard to the circumstances. If we breach any of these guarantees, then you may have rights under the Competition and Consumer Act 2010. Where we are liable to you under that Act then our liability is limited. To the fullest extent permitted by law, you release us from any liability to you for any loss, theft or damage to baggage or property, or for any injury, illness or death whether any such is caused by the negligence of us or not. We are not liable to you for any loss, theft or damage to baggage or property, or for any injury, illness or death howsoever caused or arising directly or indirectly from accidents, loss, theft or damage to person or property delays, transport failure, strikes, third parties, wars and uprisings or acts of God or nature over which we have no control. We strongly urge all customers to undertake a high level of personal responsibility in order to ensure that possessions, equipment and personal documents are closely monitored and protected at all times.

**Feedback and publicity:** We strive for continuous improvement and value your feedback. After the tour, we will ask every traveller to participate in a feedback sheet or a telephone/meet in person interview. We will use this information only for improvement of our quality of service. You agree that we may use images of you taken on tour and any comments by you regarding the tour for publicity and promotion purpose.



